

### TW20

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	119	Karen Böhnke	TriCologne	TW20	1	0:30:05 (1)	2:24	1:20:22 (3)	1:53	0:54:36 (1)	2:49:22
2	4	Jule Stang	TV Goch	TW20	2	0:30:19 (2)	1:57	1:13:43 (2)	1:17	1:02:09 (2)	2:49:27
3	106	Kerstin Schulz	Tri-Team TV Schiefbahn	TW20	3	0:32:39 (3)	3:08	1:08:18 (1)	1:53	1:05:44 (3)	2:51:44

### TM20

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	26	Roman Schmeier	W+F Münster	TM20	1	0:21:08 (1)	1:36	0:59:27 (1)	0:48	0:42:30 (2)	2:05:32
2	110	Armin Gero Beus	LF Rheinläufer	TM20	2	0:28:22 (3)	2:53	1:00:29 (2)	1:33	0:39:33 (1)	2:12:52
3	89	Stefan Wenzel	DJK Löwe Hambach	TM20	3	( )		1:02:15 (3)	1:00	0:44:36 (3)	2:23:02
4	59	Rene Kuhnert	Triminators TV Voerde	TM20	4	0:26:54 (2)	1:55	1:06:41 (5)	1:11	0:57:26 (9)	2:34:09
5	103	Florian Boschker	TRC Essen 84	TM20	5	( )		1:06:08 (4)	1:46	0:54:05 (7)	2:36:22
6	98	Uwe Bau		TM20	6	0:32:48 (5)	3:11	1:11:51 (7)	1:15	0:48:05 (5)	2:37:12
7	95	Lukas Schiemann	FLUGPHASE	TM20	7	0:35:12 (6)	1:54	1:12:55 (9)	1:06	0:48:58 (6)	2:40:05
8	109	Christoph Peiniger	FLUGPHASE	TM20	8	0:28:49 (4)	3:50	1:10:51 (6)	1:47	0:56:53 (8)	2:42:11
9	121	Alexander Wisse		TM20	9	0:45:24 (7)	3:09	1:12:11 (8)	1:00	0:45:41 (4)	2:47:26

TW30

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	11	Hufe Mareen		TW30	1	0:23:30 (2)	1:32	1:00:08 (1)	1:10	0:43:30 (1)	2:09:52
2	19	Vera Jonkhans	TV Goch	TW30	2	0:22:43 (1)	1:45	1:05:16 (3)	0:56	0:47:29 (3)	2:18:11
3	21	Sandra Ehlers	SC Weyhe	TW30	3	0:26:59 (4)	1:31	1:06:01 (5)	0:50	0:44:33 (2)	2:19:57
4	37	Angela Tempesta	AS Neukirchen-Vluyn	TW30	4	0:23:49 (3)	1:51	1:04:30 (2)	1:10	0:51:29 (6)	2:22:51
5	124	Andrea Claßen	Freie Schwimmer Düsseldorf	TW30	5	0:28:33 (5)	1:47	1:08:52 (7)	1:05	0:47:56 (4)	2:28:15
6	73	Silke Kohrs	Triathlon ASC Ratingen	TW30	6	0:36:59 (7)	4:00	1:05:34 (4)	1:35	0:51:09 (5)	2:39:18
7	76	Monika Halmans	KSV Triathlon	TW30	7	0:34:42 (6)	2:42	1:08:28 (6)	1:25	0:58:25 (7)	2:45:44
8	127	Isabel Linnartz	Team Erdinger Alkoholfrei	TW30	8	0:47:08 (8)	6:13	1:23:11 (8)	2:22	1:20:50 (8)	3:39:46

### TM30

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	92	Martin van Laak	ASV Köln Triathlon	TM30	1	0:24:08 (2)	1:19 ( )			0:44:01 (3)	2:07:59
2	44	Dennis Krüll	Team Erdinger Alkoholfrei	TM30	2	0:26:49 (8)	2:07 ( )			0:40:23 (1)	2:08:40
3	24	Felix Knoblich	Team Erdinger Alkoholfrei	TM30	3	0:24:05 (1)	1:36	1:00:43 (3)	0:57	0:43:38 (2)	2:11:00
4	99	Daniel Franze	Hamminkelter SV	TM30	4	0:25:21 (4)	1:52	0:59:54 (2)	1:07	0:45:28 (4)	2:13:44
5	71	Tobias Tillmann	Tritus SV Neptun Neheim-Hüsten	TM30	5	0:26:21 (5)	1:42	0:59:37 (1)	1:25	0:47:48 (9)	2:16:55
6	47	Sebastian Marek	SV 19 Straelen	TM30	6	0:26:27 (6)	1:42	1:01:40 (4)	0:59	0:46:33 (5)	2:17:23
7	66	Steffen Beaury	TRC Essen	TM30	7	0:26:56 (9)	2:33 ( )			0:47:17 (7)	2:20:13
8	83	Dmitri Sacharov	TRC Essen 84	TM30	8	0:26:39 (7)	2:23	1:04:17 (5)	1:28	0:46:39 (6)	2:21:28
9	70	Steven Brückner	SSF Bonn	TM30	9	0:28:06 (11)	2:53	1:07:39 (11)	1:25	0:47:43 (8)	2:27:47
10	30	Dirk Adolphs		TM30	10	0:29:23 (13)	3:18	1:05:04 (6)	2:19	0:48:48 (10)	2:28:53
11	75	Sven Kersten	Team Erdinger Alkoholfrei	TM30	11	0:27:10 (10)	3:26	1:05:51 (8)	1:37	0:50:57 (13)	2:29:02
12	101	Martin Schilling	TPSK 1925 eV	TM30	12	0:29:52 (14)	3:24	1:05:06 (7)	1:36	0:49:39 (12)	2:29:38
13	48	Oliver Stratmann	TSV Bayer Dormagen	TM30	13	0:28:32 (12)	2:40	1:09:47 (13)	1:25	0:49:13 (11)	2:31:38
14	117	thomas Lörks		TM30	14	0:25:14 (3)	4:08	1:19:42 (16)	1:47	0:51:59 (14)	2:42:52
15	125	Tobias Schneider		TM30	15	0:37:16 (18)	2:43	1:06:38 (9)	1:33	0:55:23 (16)	2:43:35
16	39	Mike Sülzner	Sportshop-Triathlon Team	TM30	16	0:35:18 (15)	2:32	1:07:26 (10)	1:52	0:58:37 (17)	2:45:49
17	60	Niklas Werner	Eintracht Frankfurt e.V.	TM30	17	0:36:05 (17)	4:20	1:10:36 (14)	2:05	0:53:30 (15)	2:46:38
18	14	Stefan Kurpierz	Triathlon Team TG Witten	TM30	18	0:35:55 (16)	2:59	1:10:57 (15)	1:33	1:04:55 (19)	2:56:22
19	108	Sebastian Schuster	Tri-Team TV Schiefbahn	TM30	19	0:41:15 (19)	2:14	1:09:45 (12)	1:42	1:02:56 (18)	2:57:54

### TW40

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	5	Birgit Wellmanns	TV Goch 1883 e.V.	TW40	1	0:27:47 (2)	1:57	1:05:12 (2)	1:01	0:47:36 (1)	2:23:35
2	78	Karin Beaupoil	TV Goch	TW40	2	0:25:48 (1)	1:57	1:04:26 (1)	0:59	0:50:49 (3)	2:24:02
3	9	Gitti Thimm	TV Goch	TW40	3	0:28:55 (3)	1:55	1:10:15 (4)	1:02	0:48:29 (2)	2:30:37
4	36	Susanne Becker	TV 1860 Mußbach	TW40	4	0:32:44 (4)	1:54	1:09:49 (3)	1:18	0:54:19 (5)	2:40:07
5	68	Heike Holtappel	Allround Triathlon Team Kleve	TW40	5	0:36:21 (5)	2:41	1:10:48 (5)	1:07	0:51:18 (4)	2:42:17

TM40

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	112	Sebastian Dr. Longrée	SVD Tria Essen	TM40	1	0:21:05 (1)	1:26	0:58:23 (2)	0:48	0:40:03 (1)	2:01:47
2	64	Stephan Theisen	Allround Triathlon Team Kleve	TM40	2	0:22:53 (2)	1:19	1:00:03 (4)	0:57	0:43:10 (3)	2:08:23
3	123	Ralf Eppink	Freie Schwimmer Düsseldorf	TM40	3	0:23:38 (4)	1:36	0:57:53 (1)	1:15	0:46:37 (8)	2:11:02
4	27	Ludger Heutgens	TV Goch 1883 e.V.	TM40	4	0:26:36 (7)	1:47	1:00:30 (5)	0:56	0:43:06 (2)	2:12:55
5	94	Thomas Bolz	Tri-Team TV Schiefbahn	TM40	5	0:23:36 (3)	1:30	1:03:41 (14)	0:47	0:46:48 (9)	2:16:23
6	126	Michael Nieten	TV Goch	TM40	6	0:29:52 (17)	1:48	0:59:29 (3)	0:54	0:44:54 (5)	2:16:59
7	67	Berthold Janzen	SG Welper Triathlon	TM40	7	0:29:50 (16)	2:21	1:00:35 (6)	1:15	0:45:07 (6)	2:19:10
8	22	Maros Mraz	Bike & Run team	TM40	8	0:28:30 (9)	3:22	1:03:03 (11)	1:21	0:44:16 (4)	2:20:34
9	86	Oliver Valk	SC Bayer 05 Uerdingen	TM40	9	0:25:09 (6)	1:25	1:02:24 (9)	1:13	0:50:35 (17)	2:20:47
10	35	Arno Becker	TV 1860 Mußbach	TM40	10	0:26:55 (8)	1:46	1:03:00 (10)	1:00	0:48:34 (11)	2:21:17
11	63	Mike Schieder	AS Neukirchen-Vluyn	TM40	11	0:31:00 (21)	2:02	1:01:05 (7)	1:21	0:47:35 (10)	2:23:05
12	65	Sascha Schiller	KTT 01	TM40	12	0:29:12 (13)	2:08	1:06:47 (18)	1:11	0:45:18 (7)	2:24:39
13	58	Thorsten Flintrop	Weseler TV Triathlon	TM40	13	0:29:34 (15)	2:01	1:01:49 (8)	1:04	0:52:14 (19)	2:26:44
14	10	Dirk Stehr	DJK SW Twisteden	TM40	14	0:30:11 (19)	2:11	1:03:16 (12)	1:17	0:53:00 (21)	2:29:56
15	52	Marco Sinjou	TV Goch	TM40	15	0:28:59 (12)	2:25	1:05:36 (16)	0:50	0:53:32 (22)	2:31:24
16	16	volker reininghaus	sv gladbeck	TM40	16	0:24:36 (5)	2:34	1:08:06 (20)	1:53	0:54:30 (24)	2:31:42
17	72	Mirco Striewski		TM40	17	0:28:53 (11)	2:16	1:05:08 (15)	1:07	0:57:22 (26)	2:34:48
18	122	Patrick Schaub	SV Gladbeck 13	TM40	18	0:32:38 (23)	2:57	1:07:20 (19)	2:13	0:50:08 (15)	2:35:17
19	49	Ralf Bräuer	TSVE 1890 Bilefeld Triathlon	TM40	19	( )		1:06:00 (17)	1:28	0:54:04 (23)	2:35:38
20	34	Thorsten Bludau	Triathlon Mülheim	TM40	20	0:28:46 (10)	2:39	1:14:57 (26)	1:56	0:49:22 (13)	2:37:42
21	80	Alexander Tröger	Sportshop-Triathlon Team	TM40	21	0:35:07 (26)	4:50	1:03:31 (13)	2:46	0:51:36 (18)	2:37:52
22	57	Carsten Nowak	Weseler TV Triathlon	TM40	22	0:30:10 (18)	2:55	1:11:09 (22)	1:27	0:52:47 (20)	2:38:29
23	96	Mario Schulze	DJK Löwe Hambach	TM40	23	0:31:15 (22)	3:31	( )		0:50:34 (16)	2:40:47
24	43	Giersberg Alexander	Team Erdinger Alkoholfrei	TM40	24	0:32:45 (24)	2:56	1:15:02 (27)	1:31	0:48:35 (12)	2:40:51
25	77	Rainer Becker	TPSK 1925 eV	TM40	25	0:35:24 (27)	4:31	1:11:54 (23)	1:29	0:49:22 (14)	2:42:43
26	90	Marco Mierzynski	SV Gladbeck 13	TM40	26	0:30:54 (20)	3:00	1:13:02 (24)	1:41	0:59:50 (27)	2:48:29
27	25	Kai H. Bauer	Weseler TV Triathlon	TM40	27	0:34:08 (25)	3:17	1:09:43 (21)	1:40	1:04:06 (29)	2:52:56
28	100	Michael Soellner	ohne	TM40	28	0:29:29 (14)	7:17	1:23:13 (28)	5:42	0:56:01 (25)	3:01:43
29	13	Patrick Költgen	DJK Coesfeld	TM40	29	0:39:33 (28)	6:12	1:13:06 (25)	3:27	1:03:24 (28)	3:05:44

TW50

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	69	Sabine Casimir	AS Neukirchen-Vluyn	TW50	1	0:32:49 (4)	2:33	1:09:50 (1)	1:21	0:47:53 (1)	2:34:28
2	54	Martina Gaspercic	ASV Duisburg	TW50	2	0:28:51 (3)	2:57	1:16:52 (5)	1:31	0:48:19 (2)	2:38:32
3	102	Uschi Scherberich	Brander SV Tri Team	TW50	3	0:28:41 (2)	2:52	1:12:58 (2)	2:00	1:03:19 (5)	2:49:53
4	17	Simone van Treeck	DJK Coesfeld	TW50	4	0:33:04 (5)	2:51	1:13:45 (3)	1:35	1:03:32 (6)	2:54:50
5	84	Marleen Robbemont	Allround Triathlon Team Kleve	TW50	5	0:37:49 (6)	2:42	1:15:48 (4)	1:25	0:57:28 (4)	2:55:13
6	82	Gaby Köhn	Running Friends Bedburg	TW50	6	0:44:37 (7)	5:24	1:19:34 (6)	2:43	0:54:25 (3)	3:06:45

TM50

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	15	Uwe Röpstorf	SC Bayer 05 Uerdingen	TM50	1	0:25:14 (1)	1:30	0:57:56 (1)	0:53	0:43:02 (1)	2:08:36
2	46	Hermann Kemper	TV Goch	TM50	2	0:25:51 (2)	1:26	1:00:27 (4)	0:59	0:43:37 (2)	2:12:22
3	104	Henning von Poser	Triathlon Team Ratingen 08	TM50	3	0:28:06 (10)	2:02	0:58:34 (2)	1:05	0:46:15 (5)	2:16:04
4	7	Thomas Linßen	SV 19 Straelen	TM50	4	0:26:52 (9)	2:32	1:00:47 (5)	1:08	0:45:48 (4)	2:17:09
5	118	Frank Bauhaus	Krefelder Kanu Klub	TM50	5	0:26:10 (4)	2:13	1:01:54 (6)	1:04	0:47:55 (7)	2:19:18
6	79	Carsten GATTINGER	TriForce-Vital RS	TM50	6	0:29:02 (15)	2:01	1:03:10 (9)	0:42	0:44:23 (3)	2:19:21
7	3	Klemens Stang	Tv Goch 1883	TM50	7	0:29:28 (16)	1:26	0:59:46 (3)	1:06	0:47:58 (8)	2:19:45
8	116	Olaf Hey	Allround Triathlon Team Kleve	TM50	8	0:26:05 (3)	1:56	1:02:14 (7)	1:24	0:49:02 (9)	2:20:43
9	62	Jürgen Wehren	Allround Triathlon Team Kleve	TM50	9	0:28:39 (13)	3:01	1:04:51 (10)	0:59	0:47:05 (6)	2:24:37
10	97	Andreas Trautmann	Brander Sv Tri Team	TM50	10	0:30:28 (17)	3:13	1:03:00 (8)	1:32	0:49:05 (10)	2:27:19
11	18	Bernd Mevenkamp	DJK Coesfeld	TM50	11	0:28:27 (11)	1:37	1:07:09 (15)	1:31	0:51:07 (14)	2:29:53
12	45	Frank Philipp	TuS Drevenack	TM50	12	0:26:12 (5)	3:35	1:09:41 (20)	2:22	0:50:02 (13)	2:31:54
13	113	Ulrich Gorris	WTV Triathlon	TM50	13	0:28:35 (12)	2:27	1:05:43 (11)	1:34	0:53:39 (18)	2:32:01
14	50	Christian Bork	TV Erkelenz	TM50	14	0:26:26 (8)	2:43	1:09:09 (18)	1:33	0:53:17 (17)	2:33:09
15	114	Jens Dornick	Boverter Bären	TM50	15	0:32:28 (20)	2:38	1:08:25 (16)	1:42	0:49:32 (12)	2:34:47
16	28	Volkmar Brühan	SV Schermbeck	TM50	16	0:30:55 (18)	2:49	1:06:34 (14)	1:15	0:54:25 (21)	2:36:00
17	8	Michael Peters	TV Goch	TM50	17	0:26:22 (7)	2:44	1:10:25 (22)	1:15	0:56:17 (25)	2:37:05
18	32	Thomas Eder	ASK München Süd	TM50	18	0:35:09 (22)	3:44	1:09:23 (19)	2:22	0:49:19 (11)	2:39:59
19	111	Stefan van Dülmen	Tri-Team	TM50	19	0:32:28 (21)	2:42	1:08:35 (17)	1:29	0:55:46 (23)	2:41:01
20	61	Michael Dittmer	ASV Duisburg	TM50	20	0:31:01 (19)	3:48	1:10:41 (23)	2:14	0:53:52 (20)	2:41:38
21	85	Frank Guffler	Triathlon ASC Ratingen	TM50	21	0:35:25 (23)	3:25	1:09:54 (21)	1:34	0:51:45 (16)	2:42:05
22	107	Georg Schulz	Tri-Team TV Schiefbahn	TM50	22	0:28:57 (14)	3:00	1:06:19 (12)	3:24	1:04:48 (26)	2:46:30
23	55	Martin Mann	Tri-Team TV Schiefbahn	TM50	23	0:36:09 (24)	3:34	1:11:34 (24)	1:32	0:53:47 (19)	2:46:38
24	38	Werner Engel	ASK München Süd	TM50	24	0:36:55 (25)	4:05	1:12:21 (25)	1:48	0:51:35 (15)	2:46:45
25	88	Thomas Röwekamp	Triathlon ASC Ratingen	TM50	25	0:41:56 (26)	3:50	1:13:04 (26)	1:26	0:56:11 (24)	2:56:29
26	81	Josef Bickendorf	Running Friends Bedburg	TM50	26	0:44:37 (27)	5:23	1:19:30 (27)	2:49	0:54:25 (22)	3:06:45

TM60

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	53	Manfred Muellejans	Marathon Club Eschweiler	TM60	1	0:30:48 (2)	2:41	1:02:58 (1)	1:24	0:47:11 (1)	2:25:05
2	42	walter nickol	RSV Daadetal	TM60	2	0:28:08 (1)	3:28	1:09:37 (2)	2:18	1:00:18 (2)	2:43:51
3	40	Eberhard Jung	RSV Daadetal	TM60	3	0:32:53 (3)	5:32	1:18:30 (3)	2:16	1:11:08 (3)	3:10:21